



Vegetarian Recipes for 2

From Food Revolution Network
<https://foodrevolution.org/blog/healthy-dinner-recipes-for-two/>

- **Warm Fiesta Salad Bowl**
 - Purple cabbage, sweet corn, red bell peppers, kale, lima beans, and creamy avocado
- **Hearty Pumpkin Chili**
 - Sweet pumpkin, robust tomatoes, protein-rich beans, and fragrant spices
- **Banh Mi Bowl**
 - Crispy marinated tofu, zingy and crunchy pickled veggies, and fresh arugula and cilantro are piled high on top of brown rice
- **Sticky Tofu with Bok Choy and Red Pepper**
 - Crispy tofu is tossed in a sweet and rich sauce, then sautéed with vibrant and crunchy veggies
- **Miso Radish and Chickpea Tacos**
 - Tangy pickled vegetables, peppery baked radishes, savory crunchy chickpeas, and umami miso
- **Mushroom Mozzarella Pizza**
- **Tempeh Burgers**
 - Plant based burgers that you can get at the grocery store

submitted by Sister Paulette Zimmerman, SSND

