



Sister Debra Marie Sciano, SSND

"The future, which begins with this New Year's Day, is shrouded in as dense and mysterious a fog as is nature these days. Through it, only one star gleams for us—the infinitely wise and gracious providence of God."

> ~Blessed Theresa Gerhardinger Letter #4758. December 31, 1872

Dear Friends and Supporters,

Striving for Unity, Embracing Diversity is the theme for this newsletter and a great theme for the New Year.

2023 promises to be a busy year. The Central Pacific Province will elect our new provincial council in March, with the installation taking place on June 10, 2023. Please join us in prayer for guidance and trust during this time of transition. We look forward to sharing the new council with you in the June newsletter.

Transitions of many kinds continue. Most sisters living at Our Lady of Good Counsel in Mankato, Minnesota, completed their move from the Hill to Benedictine Living Community in Shakopee, Minnesota, in November. The rest of our Mankato sisters are settling in their new communities.

This is also "The Year of the Chapter," a time to prepare for the 25th General Chapter, scheduled October 24-November 17, 2023, at the Generalate in Rome, Italy. The general chapter, which meets every six years, is the highest authority in the congregation.

During this busy year, we are reminded of you, our family, friends and supporters who allow us to strive for unity and embrace diversity while serving those most in need with your many prayers and donations. You are always in our thoughts and prayers. May this New Year hold many

abundant blessings for you and your family.

Yours in prayer, gratitude, unity and diversity,

With peace, blessings and gratitude,

Debra Sciano, SSND

Debra Sciano, SSND Provincial Leader



ON THE COVER:

(L to R): Sister Mary Martha Waligora and Mila Fontanez, the daughter of Diana Fontanez, a single mother and student at Mount Mary University, sit in common area of Trinity Woods reading a book together. Trinity Woods is an intergenerational housing complex on the Mount Mary University campus in Milwaukee, Wisconsin. Photo by Lynnette Downing.

School Sisters

Central Pacific Province live and minister in 47 dioceses, 22 states, the U.S. territory of Guam, and the countries of Ghana, Italy, Japan, Kenya and Nepal.

Contact Resource Development or inquire about finding a sister at missionadv@ssndcp.org.



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SANCTA MARIA IN RIPA

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Striving for unity, embracing diversity

"Through the power of the Spirit, we carry out this mission particularly through our efforts toward unity, our community life, our ministry directed toward education, our common search for and doing of God's will." ~ You Are Sent, Prologue

Below is a reflection by single mother, Diana Fontanez, who lives with her daughter, Mila, at Trinity Woods in Milwaukee, Wisconsin. Diana, who is also a student at Mount Mary University, shares what it is like to live in an intergenerational housing complex with the School Sisters of Notre Dame.

Diversity in intergenerational living

A reflection by Diana Fontanez

ften when we hear the word 'diversity," we confine the definition to the inclusion of different races or ethnicities. Although this is a part of diversity, diversity encompasses a range of categories, and one that might often be overlooked is age. Although many of us interact with a variety of people of various ages quite often, it can be easy to underestimate the importance of intergenerational interactions which nourish wisdom, power, growth and strength within a community.

At Trinity Woods, intergenerational living provides an abundance of beauty and blessings within our community. I feel our faith binds us and our diversity enlightens us. The influences of faith, prayer and a willingness to learn, foster a unique experience for us all. In the two months that I have been here. I am blessed to feel the love and support of the community. My interactions in the dining areas have provided me with

new perspectives, intriguing stories

and a sense of unity that I will never forget. I've used my conversations as an outlet for openminded discussions and sometimes to vent about personal barriers I was facing with school or parenting.

I am filled with joy when I pass those with whom I've had these conversations and they greet my daughter with



(L to R): Mila and Diana Fontanez are residents of Trinity Woods, an intergenerational housing complex in Milwaukee. Photo by Lynnette Downing.

excitement and remind us that we are in their prayers. There is nothing more comforting than knowing we live in a community that has our best interests at heart. I believe those at Trinity Woods want the mothers and children in Madonna Hall to succeed and it shows. Plus, this mom and daughter duo at Madonna Hall wants to thank our friends at Trinity Woods for the small daily acts of kindness we receive from all of them because it makes a difference to us.



(L to R): Sister Mary Martha Waligora, Mila Fontanez and Diana Fontanez, sit in common area while reading a book together at Trinity Woods in Milwaukee. Photo by Lynnette Downing.



(L to R): Grace Avila, assistant archivist and School Sister of Notre Dame pre-associate, and Sister Patricia Rass, are at the School Sisters of Notre Dame North American Archives in Milwaukee. Photo by Sister Debra Sciano.

A journey in unity

by Lynnette Downing, Communications

Grace Avila began working at the School Sisters of Notre Dame (SSND) North American Archives as an assistant archivist when she was still a student at Wisconsin Lutheran College, Milwaukee, in 2019. Upon graduating in 2020, she accepted a full-time position, immersed in the history and legacy of SSND.

On December 2, 2021, Sisters Patricia Rass and Kathy Schmittgens toured the SSND archives with Archivist Michele Levandoski and Assistant Archivist Grace. Taking the opportunity, when the tour ended, Sister Patricia asked them if they had ever considered becoming an SSND associate and invited them to a gathering that following Sunday. After attending the gathering, Grace's interest was piqued to further explore becoming an associate and Sister

Patricia agreed to walk with Grace on her associate journey as her companion.

For Grace. she was drawn to the associates because she's been able to see the outcome of much of the sisters' efforts and work. Due to her position as an archivist, she'd read their history - how they began, how the sisters struggled and vet. persisted amidst great hardship and difficulties in many different circumstances.

"The sisters evolved with the

times, they made the active decision to change, no matter how difficult that choice might be. After all this time and everything they've accomplished, they still want to be at the forefront, to better the world. For them, there is always work to be done, another person to help, and another cause to champion. While many of us fear change, they face it head-on. How inspiring is that," asked Grace.

For Sister Patricia, the chance to build relationships through the SSND associate program is a unique opportunity to bridge gaps with others and to focus on our basic need for oneness which builds unity.

Grace said, "I see and experience unity when I get to spend time around the sisters. For instance, I love working with and learning from Sister Patty. She has such a full spirit and an open heart. I don't feel the age gap between us because we discuss things that can be applied to people at any age. It comes down to how the things

we discuss affect me in my life and her in hers. We can examine these ideas from different perspectives because we are at different points in our lives. We come together with our ideas, and we get to learn from one another."

For Sister Patricia, getting to know Grace has been one of her greatest treasures of the past year. "Although we are of different cultures and religions, and almost 50 years apart in age, it is our faith and our love of SSND that gives us common ground. Since meeting one another we have connected in so many heartfelt ways. For instance, our usual monthly touchin involves supper together at Trinity Woods, and then a sharing of the pre-associate resources we have read. Both Grace and I joined an online book discussion group with other associates and sisters, and whenever possible we plan our monthly gettogether on the same day so we can attend the zoom meeting together. It is amazing how easily we've bonded. We have shared pictures and stories of our family members; we have walked the labyrinth on the Mount Mary University grounds; we have shared contemplative art sessions together. I delight in Grace's bubbly energy and smile. I admire her earnest desire to grow and learn more about SSND. Regardless of our differences in age and background, we both have wisdom to share and are richer because of our relationship."

For more information on becoming an SSND associate, you can email the associate co-directors: Anne Carey, associate, and Sister Kathy Schmittgens at:

associatesinfo@ssndcp.org. •



Living the gospel call to love thy neighbor

by Colleen Kelly, Communications

th Ehresman is a lifelong Supporter of the School Sisters of Notre Dame (SSND). As a young woman, Ruth discerned about religious life and becoming a SSND, but ultimately chose a different path. However, Ruth is quick to point out that it is those early relationships she developed during discernment that have kept her connected to the SSND community. One in particular was her friendship with Sister Gen Cassani, which has spanned decades and involved many shared projects, worship services and celebrations.

Sister Gen was living in North St. Louis with Sister Frances Padberg when Sister Frances first introduced her to Ruth Ehresman. At the time, Ruth was teaching at St. Roch School in St. Louis. Sister Gen and Ruth credit

Sister Frances, who has since passed away, as a pivotal example and mentor of living the SSND commitment to the poor and vulnerable. For instance, Sister Frances kept an empty bedroom in her home for hospitality to those who needed emergency housing, often taking overflow from a nearby shelter. With Sister Frances' mentorship, Sister Gen and Ruth's friendship began and has manifested itself into a lifetime of work to help create a world where all creation is treasured.

Over the years, they have been involved in many projects. They have helped feed people through a weekly food pantry and served Metropolitan Congregations United, which is an organization of many different faith groups that work on meeting people's needs. Today, they are still active in their church, St. Pius V Catholic Church, St. Louis, where they have been members for over 20 years. For the last few years, their work together has focused on immigration and

anti-racism work within St. Pius and the neighborhood surrounding the parish.

Immigration has been a core part of St. Pius' mission for the last 30 years. Sister Gen calls the ministry a "North Star" for the parish. Rethinking the current ministry has been a gigantic scope of work that Sister Gen, Ruth and many others in the parish have been

engaged in over the last few years. They have been reaching out to other neighboring parishes and evaluating what ministries and services already exist in the area and are already meeting needs. They have been careful and considerate to not duplicate anything that is currently being done and to build something collaboratively that can fill in the gaps that exist. Both women point to the SSND Immigration Reform Corporate Stance as an inspiration to continue to "affirm our commitment to welcome, stand with, support and love our immigrant sisters and brothers."

"The SSND commitment to systemic change has been a driving force for me. My larger commitment, that is mirrored in the work of SSND, is their focus on justice and not just charity," said Ruth. Sister Gen echoes that sentiment and affirms how important it is to work for justice and the SSND commitment to the idea of working towards oneness and universal love for one another, to create spaces where all are welcome.



(L to R): Ruth Ehresman, lifelong supporter and donor, and Sister Gen Cassani, have worked together on many community projects in the St. Louis area. Photo by Colleen Kelly.



Please remember SSND in your will

Make a planned gift to the sisters. Please contact Mary Kay Murray at 262-787-1037 or mmurray@ssndcp.org. Those who remember SSND in their estate plans are recognized as Blessed Theresa Society members, honoring their extraordinary generosity. Visit: www.ssndcp.org/planned-giving.

A call to ministry through education and diversity

by Allicia Washington-White, Communications

Sister Dorothy Zeller, Executive Director of Good Counsel Learning Center in Mankato, Minnesota, and Cimarron Burt, Academic Director at the Good Counsel Learning Center, have found joy in their work and have similar backgrounds. Both are from small rural towns, both believe in the power of education and diversity, and both answered their call to ministry with a focus on education. Together, they embody the principles of servant leadership, community and compassion.

Ralph, South Dakota, was home to Sister Dorothy, but she attended St. Mary's Boarding School 65 miles away in New England, North Dakota. The School Sisters of Notre Dame (SSND) staffed St. Mary's. Sister Albertine, the principal, brought up a vocation to Dorothy several times during her four years at St. Mary's and her response was simply, "Maybe." Nearing graduation, the school's pastor approached all seniors about their plans after high school. Recognizing that Dorothy was torn between a call to religious life and further academic studies, the pastor offered useful advice, "Give it (religious life) three months and if it's not right for you, I will get you into any college you want to attend." Dorothy decided to learn more about the SSND and how she could make a global impact through teaching.

Responding to God's call and choosing to teach, Dorothy decided to join the SSND and submitted her application. In the fall of 1962, she and her parents journeyed to Mankato, 500 miles away. After 'living into' religious life during formation, Sister Dorothy knew this was the right choice. Immersed in community life with SSND, she learned the power

of education and the global impact of being part of an international community. Professing final vows in 1969, Sister Dorothy began her ministry, teaching in Mankato for two years before journeying to schools in Iowa, North Dakota, Washington and Arizona. In 2014, she returned to Mankato as Executive Director of Good Counsel Learning Center. Her work includes working with a variety of families from around

the world. "With

the tutoring of the

children and immigrant women at the Learning Center, we know we walk in the footsteps of Blessed Theresa, transforming lives one person at a time," said Dorothy.

Cimarron Burt is a dedicated staff member at Good Counsel Learning Center, training staff and assessing outcomes while constantly evolving the program to meet the ever-changing needs of students. Formerly an AmeriCorps member, Cimarron is committed to working with at-risk youth to help them achieve literacy. Originally from Southam, North Dakota, Cimarron completed studies at St. Cloud University in St. Cloud, Minnesota. After graduating with a bachelor's degree, Cimarron received a tutoring position at Good Counsel Learning Center in 2015. Immediately feeling at home, Cimarron discovered a deeper connection that went beyond the walls of the school.

Cimarron is currently a School Sisters of Notre Dame associate and affirms, "This ministry has been different for me. It is a rich



(L to R): Cimarron Burt, associate and Academic Director, and Sister Dorothy Zeller, Executive Director, gather to discuss events at Good Counsel Learning Center.

Photo provided by Sister Dorothy Zeller.

experience and I have a great sense of community. The deeper I got into the School Sisters of Notre Dame, the more I become enamored with the sisters and the transformative effect of education." Acknowledging a personal connection to the sisters, Cimarron notes that diversity, unity and getting involved in the learning community are tools to helping everyone become better educators. "Our students are growing more diverse; this challenges our cultural competency...this provides space for us to grow."

Working closely together, Sister Dorothy and Cimarron learn from each other and keep the mission of the sisters at the forefront of their work. "We always want to hire the best people; we now have young women of different faiths and are actively seeing what they bring to the table," said Cimarron, "Diversity adds richness and depth to the ministry and promotes ongoing learning." Sister Dorothy and Cimarron are fueled by their compassion for helping others and believing in the work they do.

A "Texas-sized" impact with youth through Christ

by Allicia Washington-White, Communications

he Roman Catholic Diocese of Amarillo in Amarillo, Texas, serves communities in the far north and central areas. The diocese includes various ministries that often come together to make a greater impact by connecting with youth. Working collaboratively, Sister Maria Elena Ferrer-Lopez, Director of the Office of Faith Formation Ministry, and Oscar Guzman, Diocesan Director of the Office of Youth Ministry, work to co-facilitate youth conferences and retreats. They share the important task of uniting individuals through the celebration of differences that make each person unique. Sister Maria Elena and Oscar agree that unity and love are what the Christian faith is all about and make conscious, GOD-led efforts to celebrate diversity.

Their passion for this work reflects their relationships with Christ, which were developed and nurtured at young ages. Sister Maria Elena was intrigued by the School Sisters of Notre Dame during her sophomore and junior years of high school in New Orleans. Originally from Cuba, Sister Maria Elena recalls receiving acceptance, love, compassion and encouragement at Redemptorist High School in New Orleans. After arriving from Mexico at the age of 9, Oscar knew there was already a calling in his life. Oscar has been involved with the Church since the ninth grade. A devoted Christian since 1991, Oscar has been fulfilling the will of God as joyful messenger in spreading the goodness of God's message.

Bringing young people together is "a way to help people become one and realize that the spirit is

within the Diocese of Amarillo and beyond," said Sister Maria Elena. "We all have different gifts, and we utilize them to make everything work. The students who attend the conferences and retreats see themselves as part of the ministry," agreed Oscar. During events like the retreats, the students participate in small focus groups led by moderators and are prompted with questions that require them to think about their relationships with Christ. They are also taught how to celebrate differences by being reminded of the beauty in all things God created. Acknowledging that life is constant and ever-changing, Sister Maria Elena and Oscar recognize the need to mentor young people in helping them stay connected to God.



Sister Maria Elena Ferrer-Lopez, Director of the Office of Faith Formation Ministry, co-facilitates youth conferences and retreats for the Diocese of Amarillo in Amarillo, Texas. Photo provided by Sister Maria Elena Ferrer-Lopez.



2022 NoFest Octoberfest winner announced

The 2022 NoFest Octoberfest winner is Bernadette and Dick Wolff. Back row (L to R): Dick Wolff and Sister Linda Rose Wanner, sister donor representative at Our Lady of Good Counsel, Mankato, Minnesota. Front row: Bernadette Wolff. Photo by Sister Mary Kay Ash.

Trinity Woods chapel named

The chapel at Trinity Woods in Milwaukee was named Mother Caroline Chapel on July 29, 2022. School Sisters of Notre Dame (SSND), residents of Trinity Woods, members of Milwaukee Catholic Home administration, staff and provincial council members were present. Dr. Isabelle Cherney, the newly appointed president of Mount Mary University, was also present.

Several months ago, residents at Trinity Woods were invited to submit names for the chapel. A committee carefully considered the 70 submissions and decided



to name it after Mother Caroline Friess who helped establish the SSND in North America. In addition to founding numerous schools and ministries throughout North America, Mother Caroline was known for her maternal, loving presence.

Michele Sinclair, the Administrator at Trinity Woods, blessed the chapel with holy water. Photo by Sister Anna Marie Reha.



(L to R): Sister Judy Fleisner, Michele Sinclair, the Administrator at Trinity Woods, and Sister Debra Sciano, Provincial Leader. Photo by Sister Anna Marie Reha.

Learn more about upcoming events at: www.ssndcp.org/events23

Sisters at Our Lady of Good Counsel say goodbye to the community

Sisters at Our Lady of Good Counsel, Mankato, Minnesota, held three open houses, over the course of the summer, to say goodbye to the community they have served for over 100 years. The first open house was held Saturday, July 9, 2022, for School Sisters of Notre Dame (SSND) associates, former SSND members and Good Counsel Academy alumnae. The second open house on July 31, 2022, invited the larger community surrounding Our Lady of Good Counsel to the campus. On August 14, 2022, sisters invited donors and volunteers to the third open house event. The closing liturgy at Our Lady of Good Counsel was held on Saturday, September 10, 2022. The closing liturgy was recorded and is available at: https://www.ssndcentralpacific.org/olgc-closing-liturgy. This is a public link that can be shared with others. A downloadable copy of the program is also available at the same link.

















From the director of resource development

By Mary Kay Murray, Resource Development

mily Dickinson spoke for friends Everywhere when she wrote, "My friends are my estate." She understood, like we do, that friends are among our most treasured and lasting possessions.

You have joined the sisters in their mission, "to make one." You see the value in what they have accomplished for over 175 years in North America and you continue your support of them. The financial report reflects your commitment to the School Sisters of Notre Dame, but it is your continued friendship that we value most of all.

We give thanks for the laughter, the prayers, the sharing, the trust.

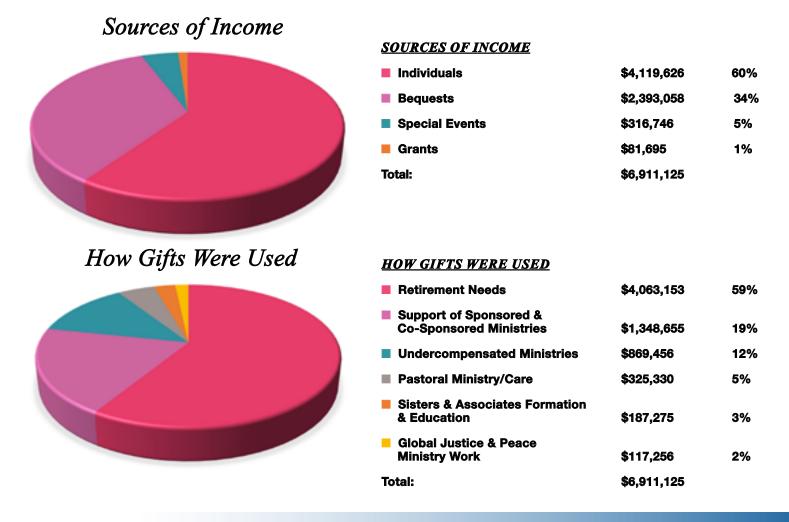
During the past year, we have had the opportunity to meet with some of you at our new locations: Trinity Woods in Milwaukee, at St. Anthony's Gardens in Covington, Louisiana, and we look forward to visiting with you at the Benedictine Living Center in Shakopee, Minnesota.

We have met thousands of you at our Women's Leadership Luncheons. Everywhere we connect, it is heartwarming to see the love, respect and appreciation for the sisters and to hear it in the conversations.

As we continue to move through all these major transitions, we hope

more than ever that the connections will continue long past these changes. We treasure your support to keep our mission alive.

The financial picture outlining how we used your gifts this past year is provided. If you have any questions, please contact Mary Kay Murray, resource development director, 262-787-1037 or mmurray@ssndcp.org. •



Sisters move to Benedictine Living Community

The School Sisters of Notre Dame finished their move from Our Lady of Good Counsel in Mankato, Minnesota, to Benedictine Living Community in Shakopee, Minnesota. Small groups of sisters moved each week from August through mid-November 2022.



(L to R): Sister Helen Robeck is assisted by Sisters Ann Carol Kaufenberg and Sharon Waldoch as she arrives at her new home. Photo by Heidi Sampson.



(L to R): The kitchen apartment of Sisters Cerella Baumgartner and Anne Becker. Photo by Heidi Sampson.



The Benedictine Living Community in Shakopee, Minnesota. Photo by Heidi Sampson.





Sister Carol Grawe was the recipient of the Service Excellence Award from Kriegshauser West Mortuary, St. Louis. The Service Excellence Award recognizes high standards of excellence, going above and beyond, remarkable leadership and a positive impact on coworkers, communities and client families. Sister Carol is certified in grief ministry and offers a variety of services to grieving families.

Sister Rosemarie Nassif received the Leonard F. DeFiore Parental Choice Advocate Award presented by the National Catholic Educational Association (NCEA) at their annual convention. Sister Rosemarie is the Executive Director of the Center for Catholic Education at the School of Education, Loyola Marymount University in the Archdiocese of Los Angeles. Read more about the NCEA President's Awards: https://rb.gy/wtaul0.





Congratulations to the **School Sisters of Notre Dame North American Archives** for receiving the 2022 Governor's Award for Archival Achievement from the Wisconsin Historical Society. The archives, located at Mount Mary University in Milwaukee, includes more than 2,000 linear feet of records and historic artifacts from the establishment of the congregation in North America in 1847 to the present. North American Archives is under the direction of Michele Levandoski and her team, Grace Avila and Tim Cary. https://wisconsinhistory.org/Records/Article/CS16797. Pictured (L to R): Provincial Leader Sister Debra Sciano and Michele Levandoski, Archivist, shared a few words after the award was presented. Photo by Anne Carey.

Sister Addie Lorraine Walker was the recipient of the National Black Sisters Conference (NBSC) Harriet Tubman Award. She is the first School Sister of Notre Dame to receive the esteemed honor from a national organization of more than 150 Black Catholic women religious and associates. Together, they form a strong and cohesive voice in supporting the dignity and rights of women of color, in creating mentoring and support systems for Black women in religious formation, in educating the African American family, and in confronting the sin of racism, which continues to permeate society and the Church. Link: https://networklobby.org/affirming-the-black-catholic-voice-and-presence-in-our-church-and-our-country/.





"Precious and blessed is the death of the faithful before God... for they die in union with their dear Jesus, in the grace of God, in peace."

~Blessed Theresa Gerhardinger. Letter #11, September 10, 1831

January

M. Luella Zollar Mankato, Minnesota

Carol Markus Formerly Miriam Gabriel Belleville, Illinois

Mary Berenice Hartke Bridgeton, Missouri

M. Edith Juergensmeyer Bridgeton, Missouri

February

Mary Alice Reitz Formerly Josene Covington, Louisiana

Marie Juanita Will Bridgeton, Missouri

March

Rita Schweitzer **Formerly Elroy** Greenfield, Wisconsin

April

M. René Lorentz Mankato, Minnesota

Alice Jeannette Giere **Formerly Mary LaReine** Greenfield, Wisconsin

Diane Marie Turner Bridgeton, Missouri

Mary Myles Schwahn Mankato. Minnesota

M. Bernelle Taube

Mankato, Minnesota

Maris Stella Waselak Mankato, Minnesota

Audrey Straub Formerly M. Paul Vincent Mankato, Minnesota

May

Mary Agatha Ono Kyoto, Japan

June

Germaine Mulcahey **Formerly James Marie** Mankato, Minnesota

August

Joan Elizabeth Bakle **Formerly Suzanne** Greenfield, Wisconsin

Maricé Elvekrog Mankato, Minnesota

Paulette Marie Tiefenbrunn Watsonville, California

Julie Brady San Antonio, Texas

Mary Hecker Formerly Mary Immaculate Mankato, Minnesota

September

M. Sharon Rempe Bridgeton, Missouri **Barbara Kraus Formerly Albert Maureen** Covington, Louisiana

Marie Estelle Kuczynski Milwaukee, Wisconsin

Mary Eucharita Cruz Greenfield, Wisconsin

Rita Reisch **Formerly Marie Jerome** Bridgeton, Missouri

Maureen Brinker Bridgeton, Missouri

October

Maria Magdalena Cruz Greenfield, Wisconsin

Theresa Palbicki **Formerly Rosewitha** Milwaukee. Wisconsin

M. Noel Ewald Mankato, Minnesota

Deanna Donahue Shakopee, Minnesota

Marie Michelle Emmerich Formerly Edmond Mary Bridgeton, Missouri

November

Evelyn Ulmen Formerly Rachel Shakopee, Minnesota

M. Vianney Saumweber Shakopee, MN

Pauline Zweber **Formerly Clement Marie** Shakopee, MN

Linda Zweifel Covington, Louisiana

Elizabeth Willems **Formerly Mary Johnita** Shakopee, MN

Mary Lauren Spence Shakopee, MN

December

Helen Marie Skierkowski **Formerly Joseph Helene** Milwaukee, Wisconsin

Loretta Marie Strobel Formerly Mary Walterine Shakopee, Minnesota

View obituary profiles at: www.ssndcp.org/obit.

^{*} Please note, there were no deaths in July.



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Our Mission

is to proclaim the good news as School Sisters of Notre Dame, directing our entire lives toward that oneness for which Jesus Christ was sent.

You Are Sent, Constitution of the School Sisters of Notre Dame

Love Gives Everything, Directional Statement of the 24th General Chapter, 2017

Join us for upcoming Resource Development Events!



Learn more at: www.ssndcp.org/wll-23

Thursday, March 2, 2023 11:30 a.m. to 1 p.m.

Wisconsin Club – City Club 900 W. Wisconsin Ave. Milwaukee, Wisconsin

"The Power of Faith, Health and Leadership"

Featured Speaker: Amy Lovell, Founder, REDgen and Co-Founder, Scaling Wellness in Milwaukee **Monday, March 13, 2023** 11:30 a.m. to 1 p.m.

River City Casino & Hotel Event Center 777 River City Casino Blvd. St. Louis, Missouri

"Embracing the Swerve When it Comes to Mental Health"

Featured Speaker: Michelle Russo Steeg, MA, LPC, NCC, MCS Counseling, Notre Dame High School, Class of 2001 **Tuesday, March 21, 2023** 11:30 a.m. to 1 p.m.

Brookhaven Country Club 3333 Golfing Green Dr. Farmers Branch, Texas

"Trust Your Cape"

Featured Speaker: Sister Rosemarie Nassif, SSND, Ph.D., Executive Director, Center for Catholic Education, Loyola Marymount University School of Education in Los Angeles **Thursday, March 30, 2023** 11:30 a.m. to 1 p.m.

Mendakota Country Club Lakeside Room 2075 Mendakota Dr. Mendota Heights, Minnesota

"Maintaining Good Mental Health While Living with Uncertainty"

Featured Speaker: Louise Blissenbach Stemp